# **Breakfast Menu**

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## **Selection of Cereals**

Allergens: check packaging

# **Orange or Grapefruit Segments & Prunes in light syrup**

Allergens: none

# **Assorted Yoghurts**

Allergens: check packaging

### Home-made Porridge

Allergens: oats & milk

## Fresh Apple & Orange Juice

Allergens: none

## **Fresh Fruit Bowl**

Allergens: none

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### **Breakfast Sausages**

Allergens: wheatflour & soya

## Bacon Rashers Hash Browns Baked Beans Grilled Tomatoes Allergens: none

#### Sautéed Mushrooms

Allergens: milk

### **Poached Eggs**

Allergens: eggs

## Scrambled Eggs

Allergens: eggs & milk

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# Toast (brown & white bread)

Allergens: wheat, barley & soya

# Jams, Marmalade & Honey

Allergens: none

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